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The Psychobiology of Bulimia Nervosa - Karl M. Pirke - 1988-03-28
Research and Treatment in the Psychobiology of Bulimia Nervosa 1 2 K. M. Pirke and W. Vandereycken When we were preparing this book, the main purpose was to gather the latest in sights from both basic and clinical research in bulimic disorders. The burgeoning scientific interest in eating disorders forced us to restrict the focus in such a way that attention was only paid to psychobiological aspects of (disturbed) nutrition and be havior. This implied that other important aspects, like sociocultural and familial fac tors, had to be excluded. But it turned out that even with such a restricted scope the subject was not an easy one. A review of the contributions to this volume clearly shows that our present understanding of bulimia nervosa is still very small. Reviewing the hypothalamic and especially neuroendocrine regulation of nutrient balance, Bray has emphasized the importance of the autonomic nervous system in regulating food intake and energy expenditure. The role of insulin, adrenal steroids, gonadal steroids, and growth hormone in modulating nutrient intake and storage were discussed. The studies by Jimerson et al. , Schweiger et al. , and Fichter et al. show that all these factors are altered in bulimic patients, indicating that the whole system of regulating food intake and storage is severely disturbed in bulimia nervosa. Evidence has been presented that neurotransmitter

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Psychobiology and Treatment of Anorexia Nervosa and Bulimia Nervosa - Katherine A. Halmi - 1992
During the past 15 years, research on anorexia nervosa and bulimia nervosa has grown drastically, providing empirical evidence for a more accurate classification schema of eating disorders. This book brings together the most recent clinical research concerning all facets of these distinct but interrelated disorders, providing a current overview of the psychobiology and treatment of anorexia nervosa and bulimia nervosa. Written by experts in the field, Psychobiology and Treatment of Anorexia Nervosa and Bulimia Nervosa reviews a diagnostic schema of eating disorders from the perspectives of cross-cultural, longitudinal, and family studies. It presents the psychobiology of anorexia and bulimia nervosa in the context of neuroendocrinology and the psychological perceptions associated with eating behavior. The book also examines the family's contribution to the development and maintenance of eating disorders from the perspective of family interaction studies. The final section of this book reviews the latest developments in the integration of psychodynamic concepts into the psychotherapy of anorexia and bulimia nervosa, covers cognitive behavioral approaches, and examines the pharmacological treatment of eating disorders.

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**The Psychobiology of Anorexia Nervosa** - K.M. Pirke - 2012-12-06

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**The Psychology of Bulimia Nervosa** - Myra Cooper - 2003

Bulimia Nervosa is an eating disorder characterised by recurrent episodes of binge-eating followed by inappropriate compensatory behaviour. It affects 1-2% of the population, the majority of cases occurring in women between the ages of 16 and 35. This book provides a comprehensive and detailed review of the key psychological aspects of the disorder and places particular emphasis on cognitive considerations. The coverage includes the key features of Bulimia Nervosa, associated problems, psychological theories and different treatment approaches. There is special focus on cognitive factors with case examples used to illustrate the two most articulated cognitive treatments for the disorder. Emerging topics, such as imagery and metacognition are covered, as are service issues, such as stepped care and practice guidelines. Drawing on research and theory from cognitive and non-clinical areas of psychology, The Psychology of Bulimia Nervosa provides an original and challenging perspective on this debilitating condition. It questions assumptions about cognitive theory of Bulimia Nervosa and the role of standard cognitive therapy in treating the problem, suggests novel ideas, and a revised treatment and outlines areas for further research activity.

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Introduction to Biopsychology - Andrew P. Wickens - 2021-10-13
Understand the foundations of biological psychology and explore the stories behind important discoveries in the field. Everything you need to know about brain and behaviour - from sensory systems, eating disorders and sleep to drugs, language and memory. This fourth edition has been fully updated throughout, and includes new figures and diagrams, revised learning features, and clear explanations of over 330 key terms. Includes: The latest research on the neural basis of mental illness, degenerative diseases, and genetics Key Figure and Special Interest boxes spotlight interesting researchers, studies and discoveries of conditions End-of-chapter MCQs test understanding and support your preparation for assessments 250 full colour diagrams and figures illustrate the key concepts in each chapter Supported by online teaching and learning resources including drag and drop exercises for students, an instructor's manual, testbank, and PowerPoint slides. Introduction to Biopsychology is essential reading for all Psychology students studying biological psychology.

The Menstrual Cycle and Its Disorders - Karl M. Pirke - 2012-12-06

The Thyroid Axis and Psychiatric Illness - Russell T. Joffe - 1993
This book assembles the latest information about the relationship between thyroid state and behavior. It is intended to serve as a reference for both the basic scientist and the clinician in the field of psychiatry and the behavioral sciences. The Thyroid Axis and Psychiatric Illness also presents the controversies, ambiguities, and unanswered questions that will be left to the future to resolve. This book not only provides information about the role of the thyroid axis in psychiatric illness, it is also designed to promote further research and understanding of this complex subject.

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It is critical for the food industry to maintain a current understanding of the factors affecting food choice, acceptance and consumption since these influence all aspects of its activities. This subject has matured in recent years and, for the first time, this book brings together a coherent body of knowledge which draws on the experiences in industrial and academic settings of an international team of authors. Written for food technologists and marketeers, the book is also an essential reference for all those concerned with the economic, social, and psychological aspects of the subject.

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H.J.H. MacFie - 2012-12-06

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**The Etiology Of Bulimia Nervosa**

Janis H. Crowther - 2013-02-01

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**Neurobiology in the Treatment of Eating Disorders**

Hans Wilbrard Hoek - 1998-08-17

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Neurobiology in the Treatment of Eating Disorders  
Hans Wijbrand Hoek  
1998-08-17
This book describes the clinical heterogeneity and diagnosis of eating disorders. It presents advances in neurobiological research and also discusses treatments. The aim is to make accessible to clinicians the recent advances in the neurosciences and suggest how to incorporate the data in a treatment setting. The authors have also presented their concepts and ideas on the future directions in this area. The book is to be published in time for a large eating disorders meeting in New York, April 1998.

Women and Health  
Marlene B. Goldman  
2012-12-31
Women and Health is a comprehensive reference that addresses health issues affecting women of all ages — from adolescence through maturity. It goes far beyond other books on this topic, which concentrate only on reproductive health, and has a truly international perspective. It covers key issues ranging from osteoporosis to breast cancer and other cancers, domestic violence, sexually transmitted diseases, occupational hazards, eating disorders, heart disease and other chronic illnesses, substance abuse, and societal and behavioral influences on health. In this second edition of Women and Health, chapters thoughtfully explore the current state of women’s health and health care, including the influences of sex and gender on the occurrence of a wide variety of diseases and conditions. All chapters have been extensively updated and emphasize the epidemiology of the condition — the etiology, occurrence, primary and secondary prevention (screening), risk factors, surveillance, changing trends over time, and critical analysis of the diagnostic and treatment options and controversies. Treatment sections in each chapter have been expanded to create a stronger dialogue between epidemiologists and women’s health practitioners. Saves researchers and clinicians time in quickly accessing the very recent details on a broad range of women’s health issues, as opposed to searching through thousands of journal articles.

Provides a common language for epidemiologists, public health practitioners, and women’s health specialists to discuss the behavioral, cultural, and biological determinants of women’s health. Researchers and medical specialists will learn how the gender-specific risks and features of one organ system’s diseases affect the health of other organ systems. For example: Hormone replacement therapy used to treat imbalance within the endocrine system is also being used to prevent and treat cardiovascular disease; Drugs developed for type 2 diabetes are now being used in chemoprevention.
Orients the non-gerontologist about the importance of considering the entire life cycle of women within research designs and treatment plans.
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**Psychopathology** - James E. Maddux - 2015-08-27

The fourth edition of Psychopathology is the most up-to-date text about the etiology and treatment of the most important psychological disorders. Intended for first-year graduate students in clinical psychology, counseling psychology, and related programs, this new edition, revised to be consistent with the DSM-5, continues to focus on research and empirically-supported information while also challenging students to think critically. The first part of the book covers the key issues, ideas, and concepts in psychopathology, providing students with a set of conceptual tools that will help them read more thoroughly and critically the second half of the book, which focuses on specific disorders. Each chapter in the second and third sections provides a definition, description, and brief history of the disorder it discusses, and outlines theory and research on etiology and empirically-supported treatments. This edition also features a companion website hosting lecture slides, a testbank, an instructor’s manual, case studies and exercises, and more.

**Medical Issues And The Eating Disorders** - Allan S. Kaplan - 2013-10-31

First published in 1993. Routledge is an imprint of Taylor & Francis, an informa company.

**Frontiers of Cognitive Therapy** - Paul M. Salkovskis - 1997-03-15

Bringing together cognitive therapy clinicians, researchers, and theoreticians, this volume integrates the latest findings on the conceptualization and treatment of a range of psychological and psychiatric problems. From depression and anxiety, to eating disorders, hypochondriasis, obsessive-compulsive disorder, panic, personality disorders, sexual problems, social phobia, and substance abuse, authors discuss the needs of individual patients and structuring effective interventions. Factors such as therapist competency, the therapeutic relationship and empathy are systematically examined. Chapters also consider the specific needs of populations such as children and adolescents and the mentally ill.

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The Difficult-to-Treat Psychiatric Patient - Mantosh J. Dewan - 2008-08-13
Why do some psychiatric patients fail to get better, even when in the care of competent clinicians? Treatment-refractory conditions are all too common in everyday clinical practice. Treatment resistance occurs across the full spectrum of psychiatric disorders, incurring enormous emotional, economic, and social costs. In the United States, treatment of depression alone costs more than $40 billion annually, and as many as 40% of patients with depression have a treatment-refractory form of the illness. This groundbreaking clinical guide starts where standard textbooks end, focusing on clinical strategies to be used after all basic treatment options, such as medication and psychotherapy, have failed. In this book expert contributors address the sequential clinical steps in treating difficult-to-treat psychiatric patients by offering a blend of evidence-based clinical recommendations, detailed case vignettes, treatment algorithms, and -- when necessary to go beyond the reach of evidence -- the clinical wisdom of leaders in the field. The chapters in this user-friendly, practical guide are organized by major disorder. Each chapter offers concrete recommendations on what to do when the usual first steps in therapy are ineffective, including evidence for biopsychosocial treatments alone versus in combination, generic versus specific therapies, and literature reviews and the latest expert wisdom. A sampling includes The management of the complex and often refractory bipolar disorder, which involves replacing or combining lithium treatment with anticonvulsants or atypical antipsychotic agents with adjuncts such as benzodiazepines, thyroid hormone, and electroconvulsive therapy, but also -- above all -- with careful attention to the therapeutic alliance. The importance of combined therapeutic modalities for patients with cost-cutting strategies, which deprive many schizophrenic patients of effective treatment modalities such as family therapy or early use of an atypical antipsychotic. Combination treatments for anxiety, with medications adjusted over time as symptoms wax and wane, and early and appropriate interventions to mitigate internal and external environmental stressors. The emphasis on common sense, optimism, a sense of humor, and an iron constitution as the most important tools for clinicians wishing to work with the most severely ill patients with borderline personality disorder. The importance of individual differences in biological vulnerability, emotionality and expressiveness, cognitive schemas and beliefs, prior traumatic experience, resilience, and coping strategies for successful treatment of posttraumatic stress disorder. Packed with up-to-date information of immediate relevance, this volume will prove invaluable in both classroom and clinical practice, for everyone from beginning interns and residents to experienced psychiatric and medical practitioners and social workers.

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This is the first book to fully explore the use of group therapy in the treatment of eating disorders. Contributors offer practical guidelines on the strategies and interventions employed in a variety of treatment approaches. Group Psychotherapy for Eating Disorders integrates theory and application to clarify why and how particular group approaches are applicable to specific situations. It highlights the tactics and techniques by which the group modality can be successfully adapted for a variety of purposes.

**Virtual Reality in Neuro-psycho-physiology** - Giuseppe Riva - 1997


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**Psychological Perspectives On Women's Health** - Vincent J. Adesso - 2013-08-21
Significant scientific advances have been made in understanding psychological aspects of women's health, and knowledge gained will be of relevance not only to women's health but to the promotion of health and illness prevention and treatment for all individuals. The current cutting-edge research detailed in this volume is intended to stimulate new thinking and research in women's health from biopsychosocial perspectives. Drawing on research from internationally respected experts, topics covered include ageing, stress, heart disease, cancer, drugs, weight regulation and body image, pain, menstruation, sexuality and infertility, and AIDS.

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**National Library of Medicine Current Catalog** - National Library of Medicine (U.S.) - 1989

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The new sixth edition -- the only comprehensive psychiatry textbook to integrate all the new DSM-5(R) criteria -- provides the most up-to-date, authoritative, insightful foundational text in the field. Its contributors include authors of the definitive texts in their areas of specialization.

The Adolescent in Turmoil - International Society for Adolescent Psychiatry - 1998
An in-depth overview of major current problems faced by today's adolescents.

Towards Cyberpsychology - Giuseppe Riva (Ph.D.) - 2001
Drawing on research in the social sciences, communications, and other fields, this book wants to analyze how the online environment is influencing the experience of psychology. However, understanding how the Internet is changing our everyday experience presents a substantial challenge for the psychologists. Now, research in this area is still sparse and limited in both the number and scope of studies: actual research, especially studies with strict methodologies, is only just beginning. The contributions in this book are among the first scientific attempts to take a serious look at various aspects of Internet-related psychology. However, we need not start from scratch. Psychology has a broad knowledge about the factors that affect human behaviour in other setting. So, the papers collected for this book are descriptive and practical-oriented in nature.

Psychobiological Foundations of Psychiatric Care - Norman L. Keltner - 1998
Psychobiological Foundations of Psychiatric Care is the first book to provide a comprehensive knowledge base of the psychobiological aspects of psychiatric disorders. Using a dynamic, full-color design and format, with more than 100 brain scans, photographs, and other illustrations, the text offers psychiatric nurses and others working with patients with mental illness the information needed to remain up-to-date in their field.

Advanced Abnormal Psychology - Michel Hersen - 2011-06-28
Although senior undergraduate psychology students and first year master's-and doctoral-level students frequently take courses in advanced abnormal psychology, it has been almost two decades since a book by this title has appeared. Professors teaching this course have
Concepts and Models), the chapters include touch on various aspects of psychopathology, but none has been as comprehensive for the student as the present volume. Not only are basic concepts and models included, but there are specific sections dealing with childhood and adolescent disorders, adult and geriatric disorders, child treatment, and adult treatment. We believe the professor and advanced student alike will benefit from having all the requisite material under one cover. Our book contains 26 chapters presented in five parts, each part preceded by an editors' introduction. The chapters reflect updates in the classification of disorders (i.e., DSM-IV). In Part I (Basic Concepts and Models), the chapters include diagnosis and classification, assessment strategies, research methods, the psychoanalytic model, the behavioral model, and the biological model. Parts II (Childhood and Adolescent Disorders) and III (Adult and Older Adult Disorders), each containing seven chapters, represent the bulk of the book. To ensure cross-chapter consistency, each of these chapters on psychopathology follows an identical format, with the following basic sections: description of the disorder, epidemiology, clinical picture (with case description), course and prognosis, familial and genetic patterns, and diagnostic considerations.

**Anorexia and Bulimia Nervosa** - Hubertus Himmerich - 2019-10-02
The prevalence of eating disorders such as anorexia and bulimia nervosa is growing, and these disorders are affecting adolescents and young adults at increasingly younger ages. This has led to a greater number of patients presenting to health services. Although novel therapeutic approaches have been introduced in recent decades, the mortality rates of patients with anorexia and bulimia nervosa remain alarmingly high. The course of anorexia nervosa in particular is often chronic and can lead to persistent disability. This book covers the clinical features and symptoms, neurobiology, pathophysiology, and current and potential future treatment options for both anorexia and bulimia nervosa. It also highlights the important aspects of support for families and their perspectives on these disorders.

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**Illness and Culture in the Postmodern Age** - David B. Morris - 2000-08-30
Modern medicine traditionally separates disease - an objectively verified disorder - from illness - a patient's subjective experience. Postmodern medicine, the author says, can make no such distinction, instead it demands a biocultural model, situating illness at the crossroads of biology and culture. Maladies such as chronic fatigue syndrome and post-traumatic stress disorder signal our awareness that there are biocultural ways of being sick.

**The Psychology of Nutrition** - David Booth - 2016-05-06
This title explores the psychological processes involved in the selection and consumption of foods and drink. The exposition is firmly linked to research evidence on the cognitive, socio-economic and physiological influences on the desire to eat and drink. The basic theory is that appetite is a learned response to a recognized complex of cues from foods, the body and the social and physical environment.; The volume starts with infant-care giver interactions in feeding, then moves on to consider how physical and social maturation in Western culture affects attitudes to foods, concentrating on the phenomena of ordinary dieting and the extremes of disordered eating. The concluding chapters deal with the process within the lives of individual consumers which causes the same eating habits to form in different segments of society. It also looks at food technology, marketing and governmental regulation.; "The Psychology of Nutrition" tackles questions about what goes on in eaters' and drinkers' minds about the foods and beverages they are consuming, and about the cultural meaning of the eating occasion in industrialized cultures.

**Starving for Salvation** - Michelle Mary Lelwica - 2002-04-15
In recent years, eating disorders among American girls and women have become a subject of national concern. Conventional explanations of eating problems are usually framed in the language of psychology, medicine, feminism, or sociology. Although they differ in theory and approach, these interpretations are linked by one common assumption--that female preoccupation with food and body is an essentially secular phenomenon. In Starving for Salvation, Michelle Lelwica challenges traditional theories by introducing and exploring the spiritual dimensions of anorexia, bulimia, and related problems. Drawing on a range of sources that include previously published interviews with sufferers of eating disorders, Lelwica claims that girls and women starve, binge, and purge their
sufferers of eating disorders, Lelwica claims that injustice of their daily lives. She provides an incisive analysis of contemporary American culture, arguing that our dominant social values and religious legacies produce feelings of emptiness and dissatisfaction in girls and women. Trapped in a society that ignores and denies their spiritual needs, girls and women construct a network of symbols, beliefs, and rituals around food and their bodies. Lelwica draws a parallel between the patriarchal legacy of Christianity, which associates women with sin and bodily cravings, and the cultural preference for a thin female body. According to Lelwica, these complimentary forces form a popular salvation myth that encourages girls and women to fixate on their bodies and engage in disordered eating patterns. While this myth provides a sense of meaning and purpose in the face of uncertainty and injustice, Lelwica demonstrates that such rigid and unhealthy devotion to the body only deepens the spiritual void that women long to fill. Although Lelwica presents many disturbing facts about the origins of eating disorders, she also suggests positive ways that our society can nourish the creative and spiritual needs of girls and women. The first step, however, is to acknowledge that female preoccupation with thinness and food signifies a strong desire for fulfillment. Until we recognize and contest the religious legacies and cultural values that perpetuate eating disorders, many women will continue to turn to the most accessible symbolic and ritual resources available to them--food and their bodies--in an attempt to satiate their profound spiritual hunger.

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The Psychiatric Interview - Allan Tasman - 2013-05-10
While the ABPN has now supplied such standards for psychiatry, psychiatric interviewing instruction has not been standardized in the US or in other countries. Similarly, the few psychiatric interviewing books available are written in textbook form, often long and often from the subspecialty perspective (e.g. psychodynamic interviewing). Critically, no interviewing guides to date take a true biopsychosocial perspective. That is, they limit themselves to “interviewing” as an isolated technique divorced from full patient assessment, which for quality patient care must include the
interface of psychological and social components with biological components. Similarly, few interviewing texts are fully integrated with DSM/ICD categorical diagnostic schemata, even though these descriptive diagnostic systems represent the very core of our clinical language—thelingu standard of the medical profession. Without good descriptive diagnoses there cannot be adequate communication of clinical data among providers. The proposed book will meet this need for training in biopsychosocial assessment and diagnosis. The patient interview is at the heart of psychiatric practice. Listening and interviewing skills are the primary tools the psychiatrist uses to obtain the information needed to make an accurate diagnosis and then to plan appropriate treatment. The American Board of Psychiatry and Neurology and the Accrediting Council on Graduate Medical Education identify interviewing skills as a core competency for psychiatric residents. The Psychiatric Interview: evaluation and diagnosis is a new and modern approach to this topic that fulfills the need for training in biopsychosocial assessment and diagnosis. It makes use of both classical and new knowledge of psychiatric diagnosis, assessment, treatment planning and doctor-patient collaboration. Written by world leaders in education, the book is based on the acclaimed Psychiatry Third Edition by Tasman, Kay et al, with new chapters to address assessment in special populations and formulation. The psychiatric interview is conceptualized as integrating the patient’s experience with psychological, biological, and environmental components of their illness. This is an excellent new text for psychiatry residents at all stages of their training. It is also useful for medical students interested in psychiatry and for practicing psychiatrists who may wish to refresh their interviewing skills.

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The Eating Disorders - A. James Giannini - 2012-12-06
As fish must swim so must man drink and eat. Titus Petronius Arbiter Examine thy customs of diet Francis Bacon For John eat & drank to drive away Loves pain But all he could do he grew thinner & thinner Tho he eat & drank as much as
starvation. In true Hegelian fashion, there
his stomach day and night William Blake To
paraphrase and cast in contemporary speech
observations of the Gothic-era monk Bernard of
Clairvaux, the eating disorders may be viewed as
a corruption of the social process, a distortion of
the body image, and a perversion of bodily
processes. It is this multifactorial etiology that
makes the diagnosis and treatment of dietary-
disorders so difficult and frustrating. Because of
social demands and a distorted (body) image,
men and women have perverted the simple act of
eating into always painful, sometimes tragic, and
occasionally deadly outcomes. The eating
disorders fall into three categories. There is
obesity—the overconsumption of food, and its
antithesis, anorexia—the act of voluntary
starvation. In true Hegelian fashion, there
follows the synthesis, bulimia—the voluntary
purging of overconsumed amounts of food to
produce an anorectic-like countenance. As the
contributing authors emphasize in their
chapters, these diseases are not unique to
contemporary culture. Rather they are cultural
artifacts, created by both men and women, since
classical antiquity. The recognition of these
diseases is dependent upon recognizing a disease
actually exists: that there is a distortion of the
eating process.

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Cognitive Behavioral Psychopharmacology -
Mark Muse - 2017-10-12

Outlines a comprehensive, evidence-based
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Behavioral Psychopharmacology takes an
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It is the first and only book to translate the
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mental health disorders into clear guidance for
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entire person’s functioning across physical,
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integrate medical as well as psychological and
social interventions to address the entire
spectrum of presenting problems. This book
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literature on the subject of standalone versus
combined treatment approaches. It reviews the
current state of integrative care, and makes a
strong case that optimal outcomes are best
achieved by an awareness of how and why the
cognitive-behavioral aspects of prescribed
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influence treatment. Each disorder-specific
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evidence around treatments and combinations,
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tables of recommended front-line interventions.
Provides a biopsychosocial perspective that
integrates the medical, psychotherapeutic,
family, and community aspects of the therapeutic
process Brings together and compares the
current evidence for and against treatments that
combine psychopharmacology and cognitive
behavioral psychotherapy for major psychiatric
to determining which combination of treatments is most appropriate for each of the major psychiatric diagnoses. Describes, in a way that is accessible to both prescribers and therapists, when and how cognitive behavioral therapy can be integrated into pharmacotherapy. The book will appeal to a wide range of mental health professionals, including psychologists, psychiatrists, clinical social workers, licensed professional counselors, marriage and family therapists, and addictions counselors. It also will be of interest to primary care physicians and nurse practitioners who work side by side with mental health professionals.

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Outlines a comprehensive, evidence-based approach to coordinating psychopharmacological and psychotherapeutic treatments. Cognitive Behavioral Psychopharmacology takes an evidence-based approach to demonstrating the advantages of biopsychosocial integration in interventions for the major psychiatric diagnoses. It is the first and only book to translate the current evidence for cognitive behavioral, psychosocial, and pharmacologic approaches to mental health disorders into clear guidance for clinical practice. There is a burgeoning movement in mental health to acknowledge the entire person’s functioning across physical, psychological and social spheres, and to integrate medical as well as psychological and social interventions to address the entire spectrum of presenting problems. This book bridges a gap in the professional mental health literature on the subject of standalone versus combined treatment approaches. It reviews the current state of integrative care, and makes a strong case that optimal outcomes are best achieved by an awareness of how and why the cognitive-behavioral aspects of prescribed medical and psychological interventions influence treatment. Each disorder-specific chapter is authored by a prescriber and psychotherapist team who consider all the evidence around treatments and combinations, providing outcome conclusions and concise tables of recommended front-line interventions. Provides a biopsychosocial perspective that integrates the medical, psychotherapeutic, family, and community aspects of the therapeutic process. Brings together and compares the combine psychopharmacology and cognitive behavioral psychotherapy for major psychiatric diagnoses. Outlines an evidence-based approach to determining which combination of treatments is most appropriate for each of the major psychiatric diagnoses. Describes, in a way that is accessible to both prescribers and therapists, when and how cognitive behavioral therapy can be integrated into pharmacotherapy. The book will appeal to a wide range of mental health professionals, including psychologists, psychiatrists, clinical social workers, licensed professional counselors, marriage and family therapists, and addictions counselors. It also will be of interest to primary care physicians and nurse practitioners who work side by side with mental health professionals.

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