sugar and nutrition labelling, consumer education, regulation of marketing of food and non-alcoholic beverages that are high in free sugars. Programme managers can use the Guidelines to assess current intake levels of free sugars in their countries relative to a benchmark. They can also be used to develop measures to decrease intake of free sugars, where necessary, through a range of public health interventions. Examples of such interventions and measures that are already being implemented by countries include food and nutrition labelling, consumer education, regulation of marketing of food and non-alcoholic beverages that are high in free sugars. Accordingly, it offers a valuable resource for programme managers and public health workers in the field of nutrition, and is of great importance to nutrition scientists and nutrition educators.

Pence, White, and Deadly - John Vale - 2014-08-28

White lies have been a staple of the sugar industry for many decades. John Vale, who has worked with the advertising and marketing departments of many of the major food and beverage companies, has compiled a detailed exposé of the lies. This book is a must-read for anyone who wants to know the truth about the sugar industry. It covers everything from the way that sugar is marketed to the way that it is produced. It is a great book for anyone who wants to know the truth about the sugar industry.


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Salt, Fat and Sugar Reduction - William P Edwards - 2018-10-26

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